Sometimes, nothing happens for ages...

Then it gets super busy...

Then quiet again.

1. Choose your location. Make sure you have a comfortable place to sit.

2. Draw a super-simple picture of the location, the same in each panel.

3. Wait for something to happen.

4. Keep waiting... and waiting...

5. OK, here's the truth. If something happens, great. Draw it in your comic, make it an extra-busy panel to contrast with the other panels. But if you keep waiting and n-o-t-h-i-n-g worth drawing happens, it's 100% fine to make something up and tell your readers it really happened. This exercise is a good way to show time passing slowly in your comic, whether it's a true story or fantastic fiction.